“Do Physiotherapists need to reconceptualise the Biopsychosocial Model?”

Georgi Daluiso-King
&
Dr. Clair Hebron
Main points to cover

• My Journey

• The Biopsychosocial Model

• My Concept Analysis

• Reconceptualisation of the Biopsychosocial Model

• ‘Value Based Care’ and the role of philosophy as a clinical educator
Physiotherapist Me

- 24 years Life experience
- Objectivist dominant philosophy
- 3 years qualified
- Biomedical Training

- Biological
- Sociocultural
- Psychological
Physiotherapist about a patient: ‘... they perhaps think they’re coming in for a massage or something to be done to make them feel better... so they are difficult and I have to say... well, look if you don’t want to follow what I’m saying I’m afraid I can’t help you’ (Synott et al, 2016)

Physiotherapist about psychosocial exploration:
‘If you start a counselling type of approach with a patient, I think a lot of physios are standing on thin ice’ (Singla et al, 2015)

Physiotherapist about the BPSM:
I’m not going to start saying to patients, you know, how is your relationship with your husband at the minute, because I don’t think that’s its relevant, but what am I going to do about it, if you know what I mean? If they start bringing up those sort of issues? ‘ (Sanders et al, 2013)
Traditional Biopsychosocial Model
Concept Analysis – The Evolutionary Method
(Rodgers & Knafl, 2000; Tofthagen & Fagerstrom, 2010)

- **Concept**
  - Identify concept of interest

- **Literature search**
  - Identify and select an appropriate ‘realm’ for data collection

- **Data Collection**
  - Collect data to identify Antecedents, Consequences and **ATTRIBUTES**

- **Theming data**
  - Analyse the data of each of these areas separately (Braun & Clarke, 2006)
An evolving Biopsychosocial model

Psychological
Social
Communication
Individualised Care
Biomedical
Psychological
Further evolved Biopsychosocial model

- Individualised Care
- Biomedical
- Psychological
- Communication
- Social
A NEW framework for ‘Holistic Value Based Practice’
Education is not the learning of facts, but the training of the mind to think.

~ Albert Einstein
References